

Montmorency Secondary College NEWSLETTER

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MONTMORENCY
SECONDARY COLLEGE

27 March, 2023 Newsletter No. 2

FROM THE PRINCIPAL

It has been a busy and productive Term 1, and delightful to have students involved and engaged in so many and varied activities. We have successfully transitioned Year 7 students into the College, conducted Year 7 Camp and they are settled, happy Monty students! There have been many events and activities that have made for a really eventful Term 1.

School Tours & Open Afternoon

The College has been running school tours twice per week, which have been exceptionally well attended. We have around 60 people in each tour group, some repeat families who are revisiting the College and most families are in Grade 6 – with a few Grade 5 families scattered throughout.

We have an **Interactive Open Afternoon** planned for **Tuesday 4th April 2023** between 3:30-5:30pm where families are able to see the 'school on show', with two additional information sessions at 5:30pm and 7:00pm.

International Women's Day & Pauline Toner Prize – Tuesday 14th March

With great celebration and recognition, we were delighted to nominate Lois Pokun for the prestigious Pauline Toner Prize supported through Vicki Ward MP. Lois was in company with other impressive students who have demonstrated passionate commitment to College and Community toward the betterment of society. It is a privilege to be nominated in this category.



Lois Pokun

School Review Update

The College's School Review is currently in progress, and due for completion by Wednesday 5th April. There are four days associated with the Review – Validation Day, Fieldwork Days (2) and the final Report back day. There will be a report back session to school council with the outcome of the Review and recommendations for next steps. So far, the Review has been a positive process acknowledging the good performance of the school over the last four-years and positive trajectory. We appreciate the time taken by staff, students and parents to provide feedback.

2023 School Council

The 2023 School Council has been finalised with three new members being elected to the ranks. Thank you to all the nominees, in particular those who nominated and narrowly missed election – Sue Tutera and Scott Blackford.

Welcome to our new members:

- Mary Koukourikis (parent representative)
- Graham Dixon (parent representative)
- Mary Vescio (parent representative)
- Ruby Dixon (student representative)
- Olivia Luke (student representative)

FROM THE PRINCIPAL Cont...

Our College Council continues to be supported by existing councillors:

- Matthew Trounce (re-elected – parent representative)
- Brayden Dimmack (student representative)
- Kelly Rogel (parent representative)
- Jenny Young (parent representative)
- Danielle Smith (parent representative)
- Clara DiBiase (re-elected DE representative)
- Mark Lohrey (re-elected DE representative)
- Michael Weeding (DE representative)
- Joshua Perez (DE representative)

Thank you for the ongoing and longstanding service and generous contributions of previous councillors:

- Sue Tutera
- Jane Gillard
- Neil Topia

Naplan 2023

Naplan 2023 has been conducted again at Montmorency Secondary College. In 2023, the testing schedule is being completed in March, rather than May – and is expected that schools will have earlier access to the results. It has run smoothly online, with both students and teachers positively engaged and participating. It has, however, been a challenge for Year 7 students – having really only been at the College for 5 weeks and a bit nervous about testing, getting used to high school, devices at the College and independence. That being said, the testing has run smoothly and students have positively engaged in the tests.

Data literacy session with Carmel Richardson

In an effort to better explore the impacts of teaching and learning, what teachers do and how we can 'value add' to the results of our students, we invited Carmel Richardson to deliver a professional learning session for all staff to unpack the VCE data and to reflect and consider the results of our students and measure our impact.

Wellbeing: Youth Wellbeing Ambassadors & Wellness Week

Between 14th March – 20th March the Youth Wellbeing Ambassadors, SRC and our Mental Health Practitioner Violet planned and delivered a range of sessions – both through Home Group to raise awareness of positive wellbeing. And a range of lunchtime activities for students to connect with each other and chat – yoga, basketball half-court shot, mindful colouring, just dance and board games. We are really pleased with the student led activities that provide opportunities for our students.

Enjoy the Easter break and school holidays as a time to rest, rejuvenate and spend time with family and friends. We look forward to an exciting Term 2.

Frances Ibbott
Principal

TERM 1 & 2, 2023 AT A GLANCE

Wednesday 29 & Thursday 30 March	Student Progress Interview Days
Tuesday 4 April	Interactive Open Afternoon—Early Finish 1:22
Thursday 6 April	Last Day of Term 1—Early Finish 1:22pm
Monday 24 April	Term 2 Begins
Tuesday 25 April	Anzac Day Public Holiday
Monday 1—Friday 5 May	Year 9 City Experience
Wednesday 3 May	School Council Meeting—7:00pm
Monday 8—Friday 12 May	Year 10 Work Experience
Monday 29 May—Thursday 8 June	Year 10 & 11 Exams
Friday 9 June	Report Writing Day—Student Free Day
Monday 12 June	King’s Birthday Public Holiday
Friday 23 June	Last Day of Term 2—Early Finish 1:22pm



INTERACTIVE Open Afternoon

TUESDAY 4TH APRIL 2023
3:30PM-5:30PM

Following on from the Open Afternoon, parents and students are invited to attend either of the Information Sessions below:

- 1ST SESSION 5:30pm to 6:30pm
- 2ND SESSION 7:00pm to 8:00pm

Book now at www.montysc.vic.edu.au

Application forms for admission under Specific Curriculum Grounds are available at www.montysc.vic.edu.au and close 4pm Friday 12th May 2023.

WEEKLY College Tours

Montmorency Secondary College invites you to attend a small group tour on one of the following dates:

TERM 1	TERM 2
Feb: 15, 21, 22, 27	Apr: 27
Mar: 3, 7, 9, 14, 16, 20, 22, 28, 31	May: 1, 3, 9, 11





PRIDE IN ACHIEVEMENT

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www.montysc.vic.edu.au



UNDERSTANDING SLEEP HYGIENE

COMMUNITY INFORMATION WEBINAR

headspace Greensborough, in partnership with Austin Health Youth Engagement and Treatment Team Initiative (YETTI), will be delivering an information webinar for parents/carers and members of the community.

Sleep is essential for young people to feel their best and do their best, but many young people get far less sleep than they need. This information session, run by experienced Youth Mental Health Clinicians, aims to explore why many young people don't get enough good quality sleep and will explore practical sleep hygiene tailored for young people.

Who can attend: Current family and friends of YETTI and headspace Greensborough clients, as well as any other members of the local community

When and where: 4 April 2023 5:30pm–6:30pm
via Zoom

RSVP: [Register here via Eventbrite](#)

Cost: Free!



For more information,
please call
headspace Greensborough
on (03) 9433 7200

SLEEP HEALTH

While we know sleep is essential for good health, research shows that many children and young people are not getting enough sleep on school nights. This can affect thinking, concentration, memory, reaction times and mood.

Research shows about 12% of primary school-aged children, a quarter of 12- to 15-year-olds and half of 16- to 17-year-olds don't get enough sleep on school nights. The recommended amount of time to sleep for primary school-aged children is 9 to 11 hours. For teenagers, it's 8 to 10 hours.

Signs that your child is not getting enough sleep can include:

- low mood and irritability during social interactions
- reluctance or arguing about getting off devices and going to bed
- falling asleep during the day
- difficulties waking up for school and sleeping in late on weekends to catch up
- changes to communicating or interacting at home.

You can help your child to improve their sleep by:

- establishing a regular sleep pattern and consistent bedtime routine
- supporting them to avoid using electronic devices such as smartphones before going to bed and in bed
- encouraging your child to exercise and spend time outside in daylight, steering clear of vigorous activity in the hour before sleep
- encouraging them to wind down and relax before going to bed.

If your child is still having trouble sleeping, has persistent problems with low mood, excessive daytime sleepiness, restlessness in bed, severe snoring or wakening unrefreshed, despite getting adequate length sleep, they should see a doctor.

For more information on sleep health, you can refer to:

[Sleep tips for children](#) and [Facts about sleep for parents and school staff](#), from the Sleep Health Foundation

[Why sleep is so important](#), from the Kids Helpline's

[Sleep explained](#), from the Better Health Channel.

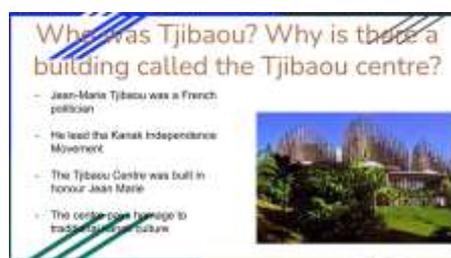
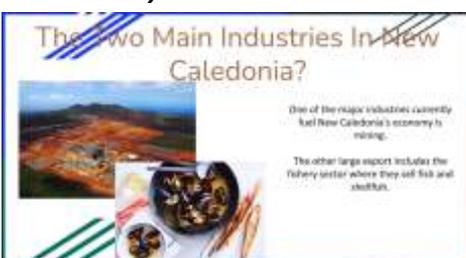
FRENCH NEWS

Bonjour la communauté de Monty.

The last few weeks have been very busy for our French students.

Year 7 students have learned how to greet each other and spell their names in French. Year 8 students had fun learning about 'La fête de la musique' and exploring modern French songs. Year 9 students did a fantastic job creating presentations and sharing information about our closest Francophone neighbour, La Nouvelle Calédonie. Year 10 students enjoyed reconnecting with their French pen pals, after having had two busy weeks preparing for their speaking and writing tasks about 'La santé'.

Monika Szuryń



INTERNATIONAL WOMENS DAY

A Higher Standard: International Women's Day 2023

On the 14th of March, teachers and students from local schools gathered to celebrate International Women's Day at Monsalvat. Among the representatives from Montmorency Secondary, there were women from Catholic Ladies College (CLC), St Helena Secondary College, Eltham High School and Eltham College.

There were multiple speakers including Vicki Ward and Kate Thwaites, Following this, the recipient of the Pauline Toner Prize was announced. This is awarded annually to a young woman who fights for equality, the environment and her passions. Lois Pokun was the Montmorency nominee.

Our congratulations to Evey Hunter from CLC who received the award in 2023.

The keynote speaker was Carly Fitzpatrick from Amazon Web Services, speaking as a woman in STEM. Her speech for the International Women's Day event covered the theme of *Equity versus Equality*. Fitzpatrick used the analogy that, "Equality is giving everyone the same pair of shoes. Equity is giving everyone a pair of shoes that fits." She went on to discuss that equality is when everyone is allowed equal rights and opportunities, however, equity is being fair and impartial. Equity acknowledges that everyone comes from a different walk of life and will require different resources to get to the same place as others. This means allocating the resources each person needs, compared to equality which means giving the exact same resources to every person regardless of their situation.

This was an important message when considering the future for women and girls.

Emma Cooper 9F & Izzy Greenhalgh 9C



***Emma Cooper, Lois Pokun, Frances Ibbott (Principal),
Izzy Greenhalgh, Violet Waymire***

SENIOR BASEBALL TEAM

On Thursday 23rd March our Senior Baseball Team won the Northern Region Final and have qualified to compete at State Championships for the sixth consecutive year – an amazing achievement.

Led by their Captain, Hannah Scott, this year's Senior team is comprised of students from years 9, 10, 11 and 12 - they played two matches and scored a total of 20 runs with only 5 runs conceded.

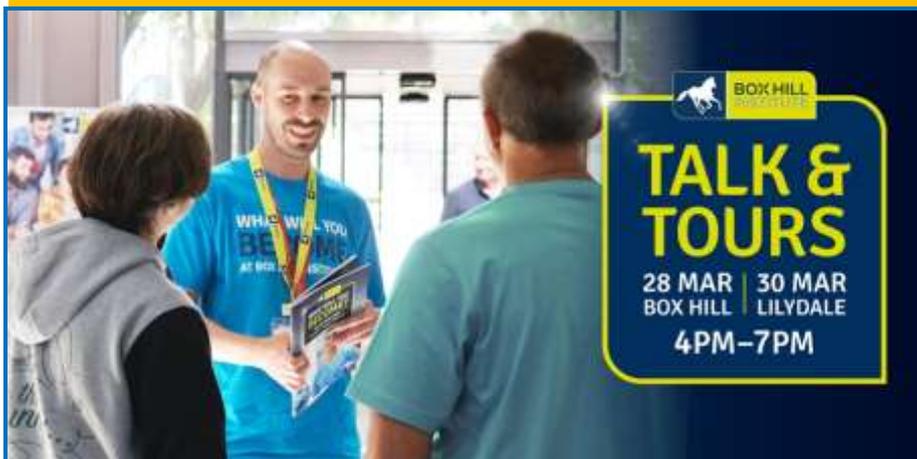
After a rotten three years of Covid preventing them playing in State Finals, they will finally get the chance to defend the State Championship Title they won as Year 8s way back in 2019.

The team will play in the SSV State Championships this year at Cheltenham Baseball Club on Tuesday 23rd May.



Bruce Collins
Sports Co-ordinator

CAREERS NEWS



Want to get a glimpse of becoming a chef, hairstylist, florist, vet nurse, music producer, mechanic (or one of the many other careers we can train you for)?

Come to Talk & Tours, where you'll visit the real workspaces on campus to practise in — from industry-standard studios and workshops to actual restaurants and retail outlets.

And of course, you can quiz our teachers, many of whom are still working in the fields they teach!

Talk & Tours

Elgar & Nelson campuses (Box Hill)

28 March 2023 – 4pm to 7pm

OR

Lilydale Lakeside campus

30 March 2023 – 4pm to 7pm

[REGISTER NOW](#)

When you register and then attend one of these Talk & Tours events, you go into the running to win over \$4000 worth of Apple tech in our Student Study Pack.

**REGISTER AND
ATTEND FOR
YOUR CHANCE
TO WIN A
STUDENT
STUDY PACK
VALUED OVER
\$4,000!**



Hands on Engineering and IT (Year 10)

Introduce your Year 10 students to engineering and technology concepts and issues through our interactive workshops. Registrations Workshops in April are 12-14 April during the school holidays. Students can participate in a full free day of workshops.

[More information](https://eng.unimelb.edu.au/engage-with-us/schools/hands-on)
<https://eng.unimelb.edu.au/engage-with-us/schools/hands-on>

Girl in Power in Engineering & IT (Year 9 students)

Inspire female students about the exciting possibilities of Engineering and IT through our 4 year Girl Power program, including a three-night camp at the University of Melbourne, work experience in year 10 and mentoring opportunities in year 11 and 12.

[Register now](https://eng.unimelb.edu.au/engage-with-us/schools/girl-power-in-eng-and-it)
<https://eng.unimelb.edu.au/engage-with-us/schools/girl-power-in-eng-and-it>

Girls Programming Network

Whether you're just starting out or you're a programming pro, this free full day programming workshop is run by girls for girls. These events are one Saturday per term with the first event on 25 March. [Register here](https://www.eventbrite.com.au/e/girls-programming-network-term-1-workshop-march-2023-tickets-528762682417)
<https://www.eventbrite.com.au/e/girls-programming-network-term-1-workshop-march-2023-tickets-528762682417>

CAREERS NEWS

Schools on Air



Ever wanted to be on radio

Create your own podcast

Or be a producer?

Whether you've never picked up a mic, or you know your basics but want to learn more, join us and record your very own show.

Each week you will work with a SYN 90.7 FM radio expert who will guide you as you decide on the music and script, before you record and go live on radio across Melbourne and Geelong!

Join Schools on Air!

Book Now!
<https://bit.ly/SchoolsOnAir23>



Dates: Term 2, 3 & 4

Time: Mondays from 4:00 - 6:00 pm

Location: Banyule Nillumbik
Tech School

61 Civic Drive, Greensborough

For more information contact

BanyuleNillumbikTS@melbournepolytechnic.edu.au

BANYULE NILLUMBIK
TECH
SCHOOL



MakerSpace is an open-ended after school club for innovation run concurrently with Creator Club for high school students and teachers from our partner schools. Participants will have the opportunity to learn new skills through rotating Skill Taster sessions. Bring a project or idea and navigate the Design Thinking process, or jump in with an open mind and see where the space and technology available takes you.

Time

Tuesdays 3:30pm—5:30pm

Location

Banyule Nillumbik Tech School
61 Civic Drive, Greensborough

Cost

Free to BNTS partner school students

[More Information and Apply](#)

DEAKIN
CAMPUS
TOURS
2023



There's only one way to choose a university – you've got to experience it yourself

We are excited to announce that Deakin is open for campus tours! Deakin Campus Tours will allow

your students and their families to experience their preferred Deakin University campus through a tailored tour, during the April school holidays. Guests will join a one-hour tour with our knowledgeable and friendly current Deakin students to get a first-hand look at our cutting-edge facilities and have all their questions answered. The school holiday program will be held at all four Deakin campuses: Burwood, Waurnd Ponds, Waterfront and Warrnambool.

Term 1 school holidays April 2023

Melbourne Burwood Campus

Wednesday 12 April

Thursday 20 April

Geelong Waurnd Ponds Campus

Thursday 13 April

Wednesday 19 April

Geelong Waterfront Campus

Tuesday 18 April

Warrnambool Campus

Monday 17 April

Tours will be departing daily from 9am until 3pm.

Our events are run in accordance with Deakin University and Government guidelines.

WELFARE NEWS



Game Night Takeover

We are inviting you to take over the library on Friday night with exclusive access! Play a D&D session, join the Mario Kart tournament or try a bit of everything we've got on, including: Role Playing Games (Dungeons & Dragons, Dread), Jackbox Games, Magic the Gathering, Board Games, Nintendo Switch on the giant theatre screen (Smash Bros & Mario Kart). To book in please click on the link below:

WHEN: Friday 31 March
WHERE: Ivanhoe Library
TIME: 6pm – 9pm

Contact: Lisa 0427 833 321
Bookings essential at <https://ypri.spydus.com/cgi-bin/spydus.exe/ENQ/WPAC/EVSEENQ?SETLVL=&RNI=529955>
TARGET GROUP: 15-25 years
COST: FREE

MOVIE:

Dungeon & Dragons: Honour Among Thieves

We have the whole cinema to ourselves to watch this D&D tale of a charming thief and a band of unlikely adventurers embark on an epic quest to retrieve a long lost relic, but their charming adventure goes dangerously awry when they run afoul of the wrong people.

WHEN: Wednesday 12 April
WHERE: Hoyts, Greensborough
TIME: 1.30 – 4.15pm
Contact: Lisa 0427 833 321
Bookings essential at <https://www.eventbrite.com.au/e/588700116897>
TARGET GROUP: 12-25 years
COST: \$8 tickets & each guest gets a free giftbag!
Check out the trailer here: <https://www.youtube.com/watch?v=liMinixSXII>

Role Playing Games Collective

We are hosting this term with different Role Playing Game (RPG) systems. Some are like Dungeons & Dragons and others not so much but all are filled with fun & adventure. This session will run "one shots" (a single stand alone adventure) with experienced Game Masters suitable for new & experienced players. Please note that we will be limited D&D games at this session but will be running different systems instead.

To book in please click on the link below;

WHEN: Saturday 1 April
WHERE: Jets Studios, Bundoora
TIME: 11am – 3pm

Contact: Lisa 0427 833 321
Bookings essential at <https://www.eventbrite.com.au/e/571188148127>

TARGET GROUP: 12-16 years
COST: FREE

A colorful poster for an 'All Abilities Music & Art Event'. The poster features a purple background with a globe icon, stars, and confetti. It includes logos for Banyule Youth Services and Jets. The text reads: 'ALL ABILITIES Music & Art Event PRESENTED BY JETS STUDIOS JOIN US AS YOUNG PEOPLE FROM OUR JETS INCLUSION PROGRAMS LAUNCH THE ZIZZY STREET BAND & THE MOBS ZINE MONDAY 3 APRIL 2023 FROM 5.30PM - 7.30PM FREE!!'. Below this, it lists activities: '5.45pm - DJ CONTROL', '6.10pm - THE ZIZZY STREET BAND', '6.30pm - INCART MOBS ZINE LAUNCH', and '7.00pm - BABY BOMBER (DJ-ING)'. A note states 'This is an alcohol, drug, smoke & vape free event.'. The location is 'IVANHOE LIBRARY AMPHITHEATRE 275 Upper Heidelberg Rd, Ivanhoe'. At the bottom, it says 'FOR MORE INFO: 0411 267 427 LEZA.CULLEN@BANYULE.VIC.GOV.AU' and includes icons for accessibility (wheelchair, hearing aid, and rainbow flag).

WELFARE NEWS

Immersive Worlds

Explore new worlds through VR, D&D, tabletop/board games, an escape room and Nintendo Switch on the big screen!

WHEN: Friday 14 April

WHERE: Ivanhoe library

TIME: 1-5pm

Contact: Call Lisa on 0427 833 321 or email Lisa on

lisa.said@banyule.vic.gov.au

Bookings essential at <https://www.eventbrite.com.au/e/588740597977>

TARGET GROUP: 12-25 years

COST: FREE

Malahang Skate Jam

Join us for a fun afternoon at Malahang Skatepark! Banyule Youth Services and Locality Store will be running fun activities and giving out prizes for skaters of all skill levels and the team from Open House will also be at the Bike Hut running sports activities and a FREE BBQ! BYO helmet and water bottle.

This event is fully supervised event for ages 12-25. Strictly drug, alcohol, smoke and vape-free.

DATE & TIME: Thursday April 13 2023.

LOCATION: Malahang Reserve, Oriel Rd, West Heidelberg Wurundjeri Country

COST: FREE

TICKETS: BOOKINGS PREFERRED AT <https://www.eventbrite.com.au/e/589387292257>

ENQUIRIES: kieran.west@banyule.vic.gov.au



Banyule Outdoor Movies: Spirt Untamed & Minions: The Rise of Gru

Join us for Banyule's outdoor movie program in this screening of both "Spirted Untamed: The Movie" (rated G) followed by "Minions: The Rise of Gru" (rated PG).

No bookings required. Bring a picnic rug and enjoy.

WHEN: Saturday 15 April

WHERE: Anthony Beale Reserve, St Helena

TIME: 3-6.30pm

No bookings required

TARGET GROUP: All ages

COST: FREE

More here:



www.banyule.vic.gov/movies

Makers Crafternoon

Calling all creatives & emerging artists! Want to learn some new crafts to add to your makers experience?

Choose 2 workshops including; using Polymer clay, wellbeing cards, pompom (Soot sprites) & scrunchies.

All materials and snacks provided

WHEN: Tues 18 April

WHERE: Jets Studios, Bundoora

TIME: 1-4pm

Contact: Call Leza on 0411 267 427 or email Leza on

leza.cullen@banyule.vic.gov.au

Bookings essential at <https://www.eventbrite.com.au/e/588754058237>

TARGET GROUP: 12-25 years

COST: FREE

WELFARE NEWS

Upcycle Screen Printing

Learn how easy it is to create home made screen prints, using simple methods of creating stencils or even using leaves and flowers

to personalise your own garments or fabric. Great way to rejuvenate old garments that may have stains you want to hide or update

so you don't have to replace them with new garments! Bring your own light coloured clothing or pillowcase if you want & we will also have materials to use as well.

WHEN: Wednesday 19 April

WHERE: Jets Studios, Bundoora

TIME: 1-3pm

Contact: Call Lisa on 0427 833 321 or email Lisa on lisa.said@banyule.vic.gov.au

TARGET GROUP: 12-25 years

COST: FREE

Bookings essential at <https://www.eventbrite.com.au/e/589326711057>

Wellbeing workshop

Get all the supplies & guidance on how to set up your own wellbeing tools including journaling,

making your own signature essential oil blend, and nature arrangements.

A wellbeing kit, snacks and all materials supplied.

WHEN: Thursday 20 April

WHERE: Watsonia library

TIME: 1.30-4.15pm

Contact: Call Lisa on 0427 833 321 or email Lisa on lisa.said@banyule.vic.gov.au

TARGET GROUP: 12-25 years

COST: FREE

Bookings essential at <https://www.eventbrite.com.au/e/588945310277>

Waterslide night for young people

Join us for a fun night with unlimited rides on the Tantrum Alley, Pipeline Slide & inflatables. Listen to our upcoming local DJ's.

DATE & TIME: Friday 21 April

LOCATION: Watermarc, Greensborough

TIME: 6-9pm

Contact: Call Lisa on 0427 833 321 or email Lisa on lisa.said@banyule.vic.gov.au

No bookings required – just come along

TARGET GROUP: 10-17 years

COST: \$3

EVENT: the All-Ages Tour is coming to Ivanhoe and over 30% of tickets are gone – get them quick!

On Saturday 27 May the All-Ages Tour takes over The Centre Ivanhoe with performances from King Stingray and Teen Jesus and the Jean Teasers, PLUS the winner of our All-Ages Tour competition. This event is fully supervised, all-ages, drug, alcohol, smoke and vape-free. The Push All-Ages Tour is delivered with support from Banyule City Council, Jets Studios and the Victorian Government as a part of the On The Road Again program, and is funded through Creative Victoria.



DATE & TIME: Saturday 27 May 2023, 5pm to 9pm

LOCATION: The Centre Ivanhoe – 275 Upper Heidelberg Road, Ivanhoe VIC 3079 Wurundjeri Country

COST: \$30+BF (please note: First Nations young people receive FREE entry & young people experiencing financial hardship can contact tickets@thepush.com.au – this email can also be reached to confirm companion tickets)

TICKETS: www.linktr.ee/jetsbundoora (use 'FREEZA25' for \$5 off the ticket price)

ENQUIRIES: jets@banyule.vic.gov.au